



Resting-State Brain Activity for Early Prediction Outcome in Postanoxic Patients in a Coma with Indeterminate Clinical Prognosis

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ABSTRACT

BACKGROUND AND PURPOSE: Early outcome prediction of postanoxic patients in a coma after cardiac arrest proves challenging. Current prognostication relies on multimodal testing, using clinical examination, electrophysiologic testing, biomarkers, and structural MR imaging. While this multimodal prognostication is accurate for predicting poor outcome (ie, death), it is not sensitive enough to identify good outcome (ie, consciousness recovery), thus leaving many patients with indeterminate prognosis. We specifically assessed whether resting-state fMRI provides prognostic information, notably in postanoxic patients in a coma with indeterminate prognosis early after cardiac arrest, specifically for good outcome.

MATERIALS AND METHODS: We used resting-state fMRI in a prospective study to compare whole-brain functional connectivity between patients with good and poor outcomes, implementing support vector machine learning. Then, we automatically predicted coma outcome using resting-state fMRI and also compared the prediction based on resting-state fMRI with the outcome prediction based on DWI.

RESULTS: Of 17 eligible patients who completed the study procedure (among 351 patients screened), 9 regained consciousness and 8 remained comatose. We found higher functional connectivity in patients recovering consciousness, with greater changes occurring within and between the occipitoparietal and temporofrontal regions. Coma outcome prognostication based on resting-state fMRI machine learning was very accurate, notably for identifying patients with good outcome (accuracy, 94.4%; area under the receiver operating curve, 0.94). Outcome predictors using resting-state fMRI performed significantly better ($P < .05$) than DWI (accuracy, 60.0%; area under the receiver operating curve, 0.63).

CONCLUSIONS: Indeterminate prognosis might lead to major clinical uncertainty and significant variations in life-sustaining treatments. Resting-state fMRI might bridge the gap left in early prognostication of postanoxic patients in a coma by identifying those with both good and poor outcomes.


ABBREVIATIONS: CA = cardiac arrest; EEG = electroencephalography; FC = functional connectivity; ICU = intensive care unit; LOOCV = leave-one-out cross-validation; NPV = negative predictive value; PPV = positive predictive value; rs-fMRI = resting-state fMRI

Cardiac arrest (CA) is an important cause of death in the United States and Europe, with an annual incidence of 110/100,000.^{1,2} Only 7.6% of patients treated for out-of-hospital cardiac arrest survive to hospital discharge. In Europe, 128,000–275,000 individuals per year are treated for out-of-hospital cardiac arrest, and 10% survive.^{2,3} Due to improvements made in prehospital and intrahospital CA management, a growing number of patients survive the first days following CA, yet can remain unconscious. The

main factor determining death in patients with out-of-hospital cardiac arrest admitted to the intensive care unit (ICU), accounting for two-thirds of deaths, is postanoxic brain injury, which leads to a withdrawal of care. Prognostication of patients in a coma can be performed soon after CA (approximately 3 days) and relies on

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multimodal testing, using clinical examination, electrophysiologic testing, structural and diffusion neuroimaging, and biomarkers.⁴⁻⁶ While this multimodal prognostication is accurate for predicting poor outcome (ie, death), it is not sensitive enough to identify patients with good outcome (ie, consciousness recovery). Thus, even after current multimodal testing, a subset of patients is left with indeterminate prognosis (ie, all patients not identified as having poor outcome).⁷

Several neuroimaging studies have shown that changes on DWI within 5 days after CA predicted poor outcome.⁸⁻¹⁵ Yet the timing of DWI analysis is crucial because diffusion values vary soon after anoxia.¹⁰ Moreover, while DWI is a strong predictor of poor outcome, it is not sensitive enough to identify patients with good outcomes.

The spontaneous activity of the brain is not random, but rather organized in functional networks.¹⁶ Resting-state fMRI (rs-fMRI) is a powerful tool for mapping the brain functional connectivity (FC) of patients and healthy volunteers.¹⁷ Several studies have reported that rs-fMRI could differentiate between states of consciousness in patients with chronic brain damage, with decreased FC correlating with the degree of consciousness impairment.¹⁸ It has been recently shown that fMRI could detect early signs of consciousness in response to passive stimulation in comatose patients following traumatic brain injury¹⁹ and that FC strength correlated with favorable long-term outcome in postanoxic patients in a coma.²⁰ However, rs-fMRI has yet to be systematically assessed for the early prognostication of the postanoxic patient in a coma.

Our study aimed to predict coma outcome (ie, consciousness recovery versus remaining comatose; namely good-versus-poor outcome) using rs-fMRI and machine learning methods. We focused on cases of particular clinical interest, notably early postanoxic patients in a coma and patients left with indeterminate prognosis after standard multimodal testing.

MATERIALS AND METHODS

Subjects and Protocol

The study took place at the Geneva University Hospitals, approved by the local ethics committee for research on human subjects and performed in accordance with the Declaration of Helsinki. We screened all patients comatose following CA admitted to the Geneva University Hospitals' ICU during 4 years ending September 2016.

On admittance, patients comatose following CA were assessed by the ICU team. Those fulfilling the inclusion criteria (see below) and with legal representatives to provide written informed consent were scheduled for early MR imaging (intended to be performed 4 days after CA). All patients still comatose 3 days after CA were considered for inclusion. Patients in a coma were defined as those who did not respond to commands, with Glasgow Coma Scale scores of ≤ 8 not related to sedation. Patients identified with poor outcome after standard multimodal testing according to the American Academy of Neurology guidelines (generalized myoclonic jerks and bilateral N20 wave abolition or flat electroencephalography [EEG]) were excluded.^{4,21,22} Patients with MR imaging contraindications like pacemakers or extracorporeal membrane oxygenation were excluded. Moreover, major sedation is required for cardiogenic shock treated with extracorporeal membrane oxygenation. This sedation then prevents reliable neuroprognostication in

patients. Patients who were conscious and receptive to commands before day 3 or with a history of brain injury were also excluded. Thus, we included only patients whose outcome was left uncertain after current standard multimodal testing. The standard multimodal testing included clinical examination, and particularly pupillary and corneal reflexes, electrophysiologic testing including EEG and somatosensory-evoked potentials, and neuroimaging (mainly MR imaging).^{21,22} Poor outcome was defined as Glasgow Pittsburgh Cerebral Performance Category scale of 4–5 (persistent vegetative state or death). Patients with a good outcome were patients with Glasgow Pittsburgh Cerebral Performance Category of 1–3 (absent, mild, moderate, or severe neurologic disabilities).^{6,21} All patients were treated with normothermia (36°) for the first 24 hours.

MRIs were performed at the radiology department of the Geneva University Hospitals, with patients positioned in the scanner while still intubated. The whole MR imaging scanning session was supervised by a neurointensivist from the ICU team (D.P.) involved in the study; all fMRI sessions were recorded without sedation. If the patient was uncomfortable or moving during imaging, propofol was added after fMRI sequences were recorded. Surviving patients were followed up at 3, 6, and 12 months with the mRS, Glasgow Outcome Scale, Cerebral Performance Category scale, and Disability Rating Scale. Information was gathered by physicians blinded to the fMRI results. This process was undertaken either by the physician in charge of inpatients or by phone interview for patients who were discharged.

MR Imaging Acquisition and Analysis

All patients included underwent MR imaging with a protocol including a 3D-T1 image, DWI, and a blood oxygen level-dependent resting-state sequence (On-line Appendix).

DWI derived from DTI with 30 directions plus the B_0 of each patient were analyzed to predict coma outcome, as per the description of Wijman et al,⁹ by computing the percentage of brain volume with an ADC value of $< 650 \times 10^{-6} \text{ mm}^2/\text{s}$. Patients with $> 10\%$ brain volume with abnormal ADC values were assigned to the poor outcome group, while the others were assigned to the good outcome group, as proposed by Wijman et al. fMRI and 3D-T1 images were preprocessed for each subject independently, following standard protocol^{23,24} (On-line Appendix), including normalization into Montreal Neurological Institute space, to assess whole-brain resting-state activity of each comatose patient and to compare the brain network topology of patients with good and poor outcomes. Thus, we statistically compared brain-network activity derived from fMRI between groups with good and poor outcomes, following standard procedure²⁵ (On-line Appendix).

Coma Outcome Prediction

We ultimately aimed to base predictions of coma outcome on resting-brain activity measured with fMRI. Thus, we trained a machine learning classifier to identify patients with good and poor outcomes based on brain network topology derived from fMRI (On-line Appendix). Classification performance was assessed using leave-one-out cross-validation (LOOCV) methods, because our sample size was relatively small, allowing computing prediction-accuracy measures (overall accuracy, sensitivity, specificity, positive prediction value [PPV], and negative predictive value [NPV]). Finally, we

statistically compared the prediction accuracy based on resting-brain activity with that using DWI (On-line Appendix).

RESULTS

Demographic Data

We screened 351 patients comatose following CA, 17 of whom underwent the whole protocol and were included in the final analysis (Fig 1). At admission, 7/17 patients had areactive mydriasis, 1 had reactive mydriasis, and 9 had a reactive miosis. At day 3, three patients had reactive mydriasis and 14 had reactive miosis. All patients had controlled normothermia (36°) for the first 24 hours. Of these 17, nine regained consciousness (mean, 4 ± 7.8 days after the MR imaging session; good outcome group); the remaining 8 did not and finally died (poor outcome group). Both groups were similar in terms of demographic data, apart from the time until the return of spontaneous circulation, which was 50% longer in the poor outcome group (Table 1). Both groups were scanned in the same time window after hospital admission, when

no survival prognosis could be made on the basis of their clinical status or standard multimodal testing (Table 2). No sedation was used during fMRI. If the patient was uncomfortable or moving during imaging, propofol was added after fMRI sequences were recorded. The mean delay between propofol cessation and MR imaging was 41 hours (minimum, 24 hours; maximum, 120 hours) and 82 hours for midazolam (minimum, 19 hours; maximum, 264 hours).

At 1 year, 5 patients with good outcome had Disability Rating Scale scores of ≤1, eight had Glasgow Outcome Scale scores of ≥4 and a Cerebral Performance Category score of ≤2, and 7 had mRS ≤1 (ie, they were almost completely independent). Two patients remained partially or totally dependent, essentially due to cognitive disorders. Of the patients who died, 1 patient had a second CA, 5 remained in a persistent comatose state leading to care withdrawal, and 2 had adverse outcomes following extubation.

Network Topology

We initially compared network topology between the good and poor outcome groups at each individual functional connection (ie, edge weight). We first visually inspected the mean whole-brain network of each group, observing much better-preserved network architecture in patients with good outcomes than in those with poor outcomes. We then statistically compared network topology between groups (Fig 2). We observed a significant increase in connectivity between many brain regions in the good outcome group (Fig 3). The strongest and most extensive increased connectivity in the good outcome group (versus poor outcome) occurred within and between the occipital, parietal, temporal, and frontal regions. We observed significant changes within the occipital nodes and between the fronto-occipital, temporo-occipital, and occipitotemporal nodes. We also observed increased connectivity within the parietal nodes and among the parietofrontal, parietocentral, and parietotemporal nodes. The temporal lobe showed increased connectivity within the temporo-medial nodes and among the temporo-frontal, temporo-central,

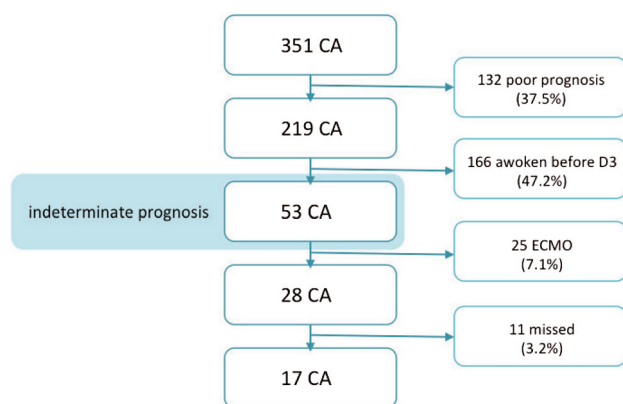


FIG 1. Inclusion flow chart. D indicates day; ECMO, extracorporeal membrane oxygenation.

Table 1: Demographic and clinical characteristics of patients

| | All (n = 17) | Good Outcome (n = 9) | Poor Outcome (n = 8) | P Value |
|-------------------------|--------------|----------------------|----------------------|---------|
| Male | 14 (82.4%) | 7 (77.8%) | 7 (87.5%) | .6 |
| Age (yr) | 57.5 ± 15.6 | 52.2 ± 13.2 | 63.4 ± 16.9 | .07 |
| CA witnessed | 17 (100%) | 9 (100%) | 8 (100%) | NA |
| CA outside hospital | 13 (76.5%) | 8 (88.9%) | 5 (62.5%) | .2 |
| Time to ROSC (min) | 23.4 ± 15.9 | 17 ± 10.2 | 30.62 ± 18.6 | .03 |
| First monitored rhythm | | | | |
| VF/VT | 10 (58.6%) | 7 (77.8%) | 3 (37.5%) | |
| PEA | 2 (11.7%) | 1 (11.1%) | 1 (12.5%) | |
| Asystole | 5 (29.3%) | 1 (11.1%) | 4 (50%) | |
| Hospital stay (days) | 19 ± 20 | 28 ± 23.9 | 9 d ± 6.2 | .97 |
| ICU stay (days) | 9 ± 5.4 | 10 ± 5.1 | 8 ± 6.1 | .71 |
| ETT length (days) | 7 ± 4.3 | 8 ± 4.9 | 7 ± 3.8 | .65 |
| Time before fMRI (days) | 4 ± 2.9 | 5 ± 3.4 | 4 ± 2.2 | .72 |
| Myoclonia | 2 (11.8%) | 1 (11.1%) | 1 (12.5%) | .92 |
| Lactate (mmol/L) | 7.2 ± 4.1 | 7.1 ± 3.7 | 7.36 ± 4.8 | .43 |
| First GCS | | | | |
| 3 | 14 (82.4%) | 7 (77.8%) | 6 (87.5%) | |
| 6 | 1 (5.9%) | 1 (11.1%) | | |
| 7 | 2 (11.7%) | 1 (11.1%) | 1 (12.5%) | |

Note:—ROSC indicates return of spontaneous circulation; VF/VT, ventricular fibrillation/tachycardia; PEA, pulseless electrical activity; ETT, endotracheal intubation; GCS, Glasgow Coma Scale; NA, not applicable.

temporoparietal, and temporo-occipital nodes. Finally, we observed significant increased connectivity among the frontoparietal, fronto-central, frontotemporal, and fronto-occipital nodes.

We also observed a less significant increase in focal connectivity in the poor outcome group (versus good outcome). The poor outcome group exhibited higher focal activity within the temporosuperior and temporopolar regions, as well as between these temporosuperior and temporopolar regions and occipital areas.

Taken together, these results suggest that patients who eventually recover consciousness (ie, the good outcome group)

initially exhibit higher activity within the occipital areas and between these areas and widely distributed cortical regions, except for the temporosuperior and temporopolar regions. Conversely, patients who ultimately die (ie, poor outcome) initially show higher activity focally, among the occipital, temporosuperior, and temporopolar regions, as well as within these areas.

Coma Outcome Prediction

Diffusion Imaging. The percentage of brain volume with ADC values of $<650 \times 10^{-6} \text{ mm}^2/\text{s}$ was used to predict coma outcome,

with a threshold set at 10% as proposed by Wijman et al.⁹ The model achieved 64.7% accuracy in discriminating good and poor coma outcomes (poor outcome prediction sensitivity, 25.0%; specificity, 100.0%; PPV, 100%; NPV 60.0%; area under the receiver operating characteristic curve, 0.625).

Resting-State fMRI. We then used rs-fMRI to train a machine learning

Table 2: EEG pattern

| | Good Outcome (n = 9) | Poor Outcome (n = 8) |
|-------------------------|------------------------------|------------------------------|
| Malignant EEG pattern | 0/9 | 0/8 |
| Periodic features | 5/9 none, 4/9 RDA | 5/8 none; 2/8 LPDs, 1/8 RDA |
| Unreactive EEG | 2/9 unreactive, 7/9 reactive | 6/8 unreactive, 2/8 reactive |
| Seizure | 0/9 | 0/8 |
| Disorganized background | 1/9 | 4/8 |

Note:—Malignant EEG pattern indicates suppressed background with or without continuous periodic discharges, burst-suppression, abundant periodic discharges, or rhythmic epileptiform transients, electrographic seizure, discontinuous or low-voltage background, reversed anterior-posterior gradient; Unreactive EEG, absence of background reactivity or only stimulus-induced discharges; LPDs, lateralized periodic discharges; RDA, rhythmic Δ activity.

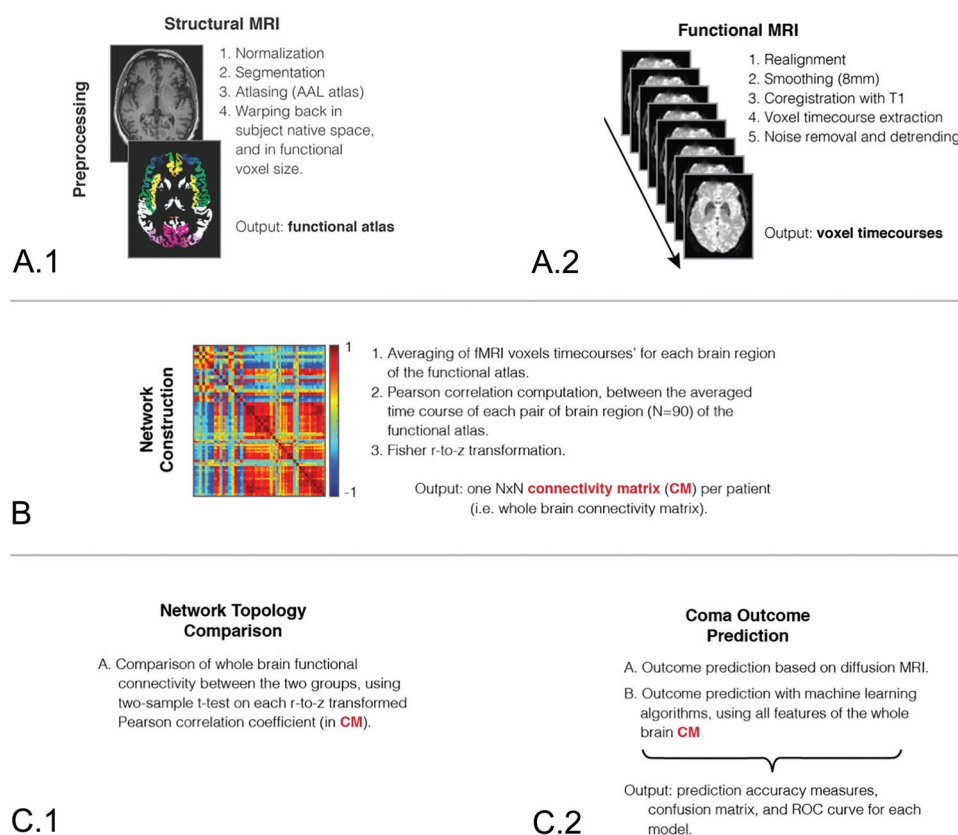


FIG 2. Analysis pipeline. Structural (A.1) and functional (A.2) MRIs of each patient are first preprocessed to extract time courses of each brain voxel. B, An averaged time course is then computed for each of 90 brain regions of the Automated Anatomical Labeling atlas, and recursive Pearson correlations are computed between each brain region pair, to obtain a whole-brain connectivity network for each patient. C.1, Networks of patients with good and poor outcomes are compared using a 2-sample *t* test corrected for multiple comparisons. C.2, A support vector machine classifier is also trained on the connectivity networks of each patient to discriminate patients with good and poor outcomes. N indicates brain regions; CM, connectivity matrix; ROC, receiver operating characteristic; AAL, Automated Anatomical Labeling.

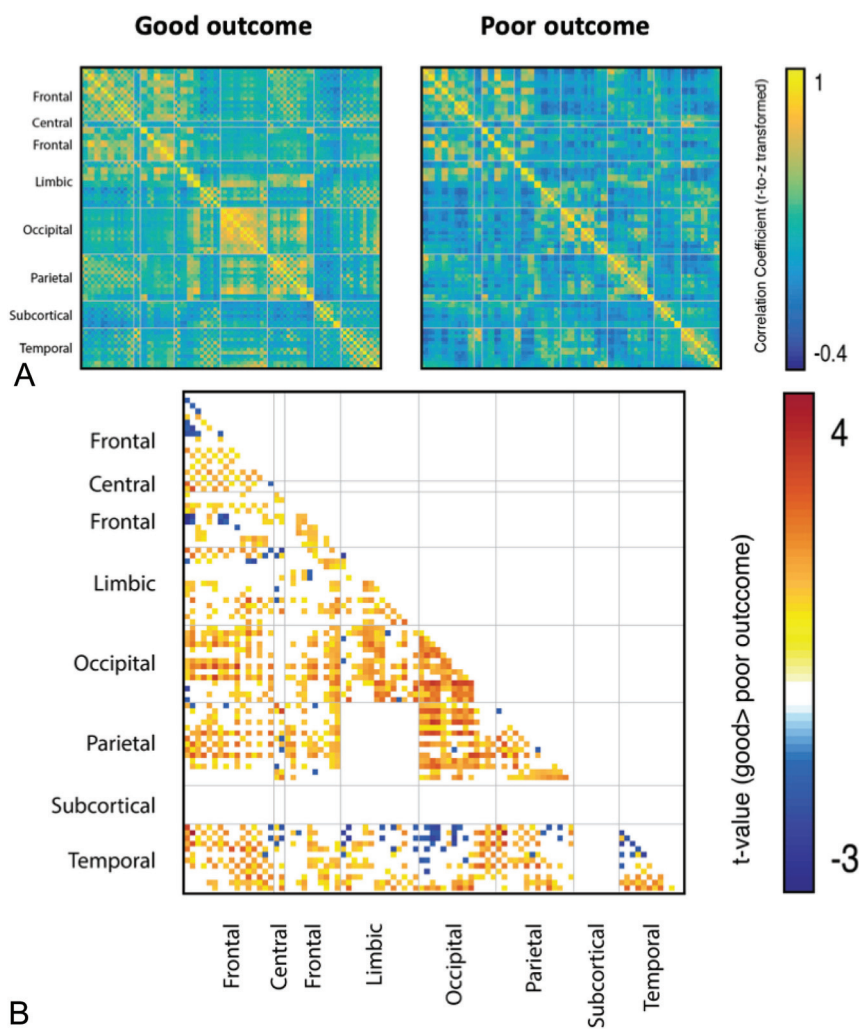


FIG 3. Statistical analysis of the functional network topology of good and poor outcome groups. *A*, Mean functional connectivity matrices of good and poor outcome groups. *B*, Statistical comparison of functional connectivity among all 90 brain regions of the Automated Anatomical Labeling atlas, with a *t*-score given only for significant comparisons ($P < .05$ after correction for multiple comparisons).

algorithm in automatic prediction of coma outcome. We used all the features derived from connectivity matrices of all patients ($4005 \text{ features} \times 17 \text{ subject matrices}$) to predict coma outcome using a machine learning classifier (see above) and LOOCV, with and without dimension reduction (using principal component analysis). Without dimension reduction, our linear support vector machine classifier achieved 66.7% overall prediction accuracy. With dimension reduction applied during LOOCV, we achieved 94.4% overall prediction accuracy using a linear support vector machine classifier ($C = 0.1$). This model achieved 100% sensitivity in predicting poor outcome, 87.5% specificity, 100% PPV, and 90% NPV, for an area under the curve of 0.938. Adding a DWI feature (ie, the percentage of brain volume with abnormal ADC values) to the classification model did not change the prediction accuracy.

Finally, we compared automatic outcome prediction based on rs-fMRI and machine learning with prediction based on DWI following the method proposed by Wijman et al.⁹ We found that the machine learning classifier trained on rs-fMRI

features yielded significantly better prediction accuracy than the DWI method ($P = .025$, two-sided; Fig 4).

DISCUSSION

We wanted to take advantage of the advances in machine learning to assess how functional neuroimaging can improve early prognostication of postanoxic patients in a coma left with an indeterminate prognosis after standard multimodal testing. To this end, we trained and assessed the performance of a machine learning classifier in discriminating between patients with good and poor outcomes based on FC patterns derived from rs-fMRI. We found that automatic prediction based on functional neuroimaging coupled with machine learning methods yielded better prognostication compared with current diffusion neuroimaging methods, especially in terms of identifying patients who would subsequently recover consciousness (ie, good outcome). Additionally, we report on the early changes observed in cortico-cortical FC between good and poor outcome groups in a very difficult group of patients with indeterminate outcome following standard clinical and electrophysiologic tests.

Whole-Brain Functional Connectivity Predicts Coma Outcome

Postanoxic patients in a coma very often undergo MR imaging to identify potential brain lesions and determine neurologic outcome. Conventional MR imaging based solely on structural images was found to underestimate the severity of lesions, notably when performed soon after CA.²⁶ More recently, DWI was proposed to overcome these failings. It proved sensitive in detecting ischemic lesions soon after CA (2–5 days).²⁷ It was thus proposed as a neuroimaging tool for early prognostication of postanoxic patients in a coma, because the extent of lesions observed on DWI correlates with neurologic outcome.^{9,26,28–30} Recent studies have reported that quantitative DWI based on the extent of impaired brain volume (with a threshold set at 10%, as in our study) offers high specificity for predicting poor outcome in postanoxic patients in a coma, with PPVs between 96%²⁹ and 100%.⁹ However, it was less sensitive in identifying patients with good outcome, with NPVs for poor outcome of between 54%³¹ and 73%.⁹ Similarly, in our study, we found that quantitative DWI offered very high specificity for predicting poor outcome (100% PPV), yet lower

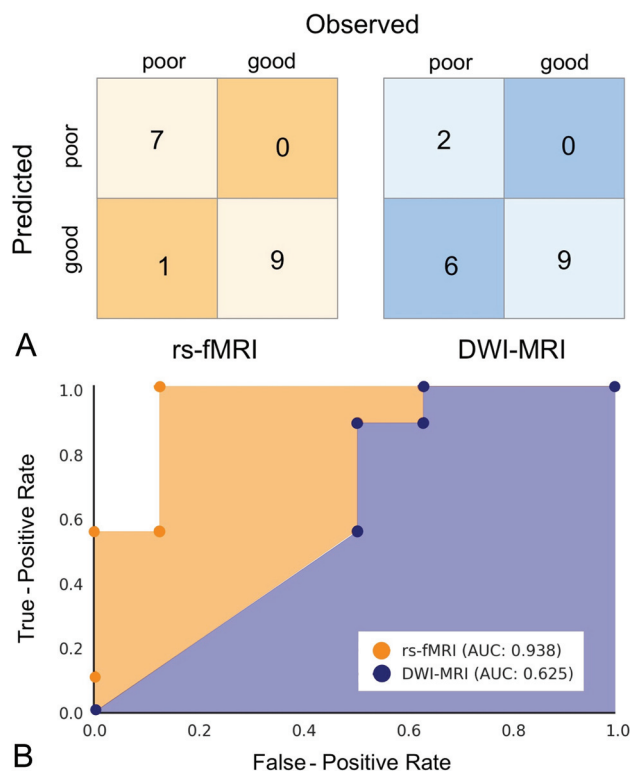


FIG 4. Outcome classification using rs-fMRI and DWI. A, Confusion matrix for the rs-fMRI classification using support vector machine (left, in orange) and DWI classifications using the model proposed by Wijman et al,⁹ 2009 (right, in blue). B, Receiver operating characteristic curves for rs-fMRI and DWI classification models. AUC indicates area under the curve.

performance for predicting good outcome (60.0% NPV). Thus, both our results and those of recent studies demonstrate that all patients not identified as having poor outcome retain indeterminate prognosis following quantitative DWI analysis. These findings might lead to substantial clinical uncertainty and significant variations in life-sustaining treatments.⁷

Rs-fMRI is available in most specialized large hospitals and has been used successfully to evaluate the state of consciousness of patients with chronic disorders of consciousness or traumatic brain injuries.¹⁸ Here, we used rs-fMRI for early prediction of postanoxic coma outcome in patients left with indeterminate prognosis after standard multimodal testing. We accurately predicted the outcome of 16/17 (94.1%) patients in a coma based on their whole-brain FC at rest. Using a support vector machine classifier with LOOCV was found to offer very high accuracy (100% PPV) for identifying patients with poor outcome, similar to quantitative DWI. However, much higher accuracy for predicting consciousness recovery (ie, NPV for predicting poor outcome) was achievable using rs-fMRI (90%) compared with quantitative DWI (60.0%). This outcome is particularly interesting because there is a critical need to test for predicting good outcome but no widespread and well-accepted tool.

A recent study by Sair et al²⁰ also evaluated postanoxic patients in a coma, finding that higher default mode network connectivity assessed soon after CA using rs-fMRI correlates with favorable

outcome at 1 year, compared with patients with unfavorable outcome. Although the author investigated the long-term neurologic outcome, these results are in line with ours because they also demonstrate that whole-brain FC correlates with outcome in postanoxic patients in a coma. Here, we provide further evidence that rs-fMRI could be used in patients comatose soon after CA. The mean time between CA and fMRI in our cohort was 4 ± 2.9 days versus 12.6 ± 5.6 days for Sair et al. All our patients underwent fMRI between 2 and 8 days after CA, except one who underwent fMRI 13 days after CA due to prior treatment with extracorporeal membrane oxygenation. Despite the delay in recording fMRI, this patient's whole-brain FC was extremely similar to that of the others in the good outcome group. Moreover, our study specifically focused on a group of patients left with indeterminate prognosis after current multimodal testing, excluding patients with catastrophic outcome or patients already conscious, and revealed that automatic outcome prognostication using machine learning based on rs-fMRI outperforms current state-of-the-art DWI methods. Finally, the study by Sair et al did not test whole-brain FC as in the current study. Rather it tested within and between standard topographic network connectivity in terms of the relationship to the outcome.

Overall, our results demonstrate that rs-fMRI achieves significantly better prognostication of postanoxic patients in a coma left with an indeterminate prognosis after standard multimodal testing than DWI, notably with very high accuracy and higher specificity in predicting good outcome. This finding could have a great impact on the identification and clinical management of patients with good outcome, reducing the uncertainty that remains after current multimodal prognostication.

Higher Whole-Brain Functional Connectivity in Patients Recovering from Coma

Whole-brain activity varies greatly depending on states of consciousness, both in healthy volunteers (eg, during sleep or sedation)^{31,32} and in patients with disorders of consciousness.³³ Most neuroimaging studies investigating disorders of consciousness have focused on patients with chronic impaired consciousness or compared them with healthy volunteers.^{18,34,35} Here, we investigated changes in brain activity in postanoxic patients comatose shortly after CA and found differences in whole-brain FC observable early on between patients with good and poor outcomes, even in the absence of extended lesions on morphologic MR imaging.

Patients with good-versus-poor outcome exhibited higher FC strength between widely distributed cortical areas, especially in the occipital, frontal, parietal, and inferior temporal cortices. This suggests that patients who subsequently recover from comas have better preserved cortico-cortical connectivity, similar to the higher cortico-cortical connectivity in higher states of consciousness observed in patients with chronic disorders of consciousness^{18,36} and healthy volunteers under sedation.^{37,38} In our study, we could not identify significant connections between the cortex and subcortical regions despite the known role of thalamocortical and other cortical-subcortical connections in consciousness. We reason that this issue is because those connections tend to be weak in states of reduced consciousness, and the patients in our studies were indeed unconscious.

Our results also suggest that recovery from coma relies on better preserved whole-brain cortico-cortical connectivity, plausibly between the frontal and parietal areas, as shown by Crone et al³⁹ in patients with chronic disorders of consciousness. In our study, the most extensive changes were observed in visual areas (ie, occipital and inferior temporal regions), with higher brain FC exhibited by patients with good outcome, even if they kept their eyes closed in the scanner. Our results are thus in line with the finding of an increased connectivity of visual areas with increased levels of consciousness when comparing chronic comatose patients and healthy volunteers.⁴⁰ This is also congruent with the preserved ability for sensory processing⁴¹ and mental imaging⁴² observed in patients with a minimal conscious state compared with a vegetative state. Studies assessing brain dynamic FC activity could bring further insight into how the functional brain networks of these patients are reorganized.

Patients with poor outcomes had few higher FC strengths among the focal cortical areas, notably in the temporopolar regions. Given the close link between the temporopolar regions and other limbic areas,⁴³ these findings might relate to limbic hyperconnectivity observed in patients in chronic comatose and vegetative states.⁴⁴

Overall, we found much higher cortico-cortical connectivity in patients with good outcome, consistent with the findings of higher cortico-cortical connectivity with higher levels of consciousness in both patients and healthy volunteers in other studies. Most interesting, the changes observed in acute postanoxic patients in a coma resemble those reported in patients with chronic consciousness disorders, notably concerning the global higher whole-brain FC found in patients who subsequently recover consciousness.³⁵ This finding suggests that the changes in whole-brain connectivity observed in chronic disorders of consciousness may develop soon after loss of consciousness. Future studies should, however, repeatedly investigate comatose patients to find further evidence supporting whole-brain FC changes persisting from acute-to-chronic disorders of consciousness.

In our study, we could not identify significant connections between the cortex and subcortical regions despite the known role of thalamocortical and other cortical-subcortical connections in consciousness. We reason that this issue is because those connections tend to be weak in states of reduced consciousness, and the patients in our study were indeed unconscious.

Limitations

Although our results appear promising, they need to be further validated in a larger prospective cohort study, notably using independent training and testing samples to prove the accuracy of rs-fMRI for early outcome prognostication in postanoxic patients in a coma. A major limitation of our study is the small number of patients included, despite screening 351 consecutive patients and identifying 28/351 (8%) eligible ones (increasing to 53/351 [15%] patients if adding the 25 patients with an extracorporeal membrane oxygenation procedure, limiting MR imaging use). We excluded all patients conscious before day 3 or identified with poor prognosis using multimodal testing according to the American Academy of Neurology guidelines.⁴ Moreover, we

included only patients who were sedation-free during the fMRI session, to avoid drug-induced changes in brain activity. Concerning DWI, previous studies specifically assessed the impact of timing on DWI accuracy. This has not yet been done with fMRI. The essential point of the current study was to perform fMRI early after cardiac arrest and to focus on those cases with uncertain outcome because this scenario is, in our opinion, the most challenging yet, at the same time, clinically most relevant one. The effect of timing of fMRI assessment with respect to coma onset should be specifically assessed, yet this is beyond the scope of our current article. The current investigation did not include a healthy control group because the objective of the current study was to discriminate patients with good-versus-poor outcomes. An additional control group is not necessary for this objective. Although scientifically interesting, the discrimination of patients versus controls is irrelevant from a clinical perspective. Our strict selection of only patients left with indeterminate prognosis after standard multimodal testing soon after CA represents a population in which such diagnostic tests would be crucial for clinical decision-making. On the basis of our inclusion rate, we anticipate that rs-fMRI-based prognostication could be valuable for around 8%–15% of patients in a postanoxic comatose state.

CONCLUSIONS

Using machine learning classification methods, we found that rs-fMRI yields a valuable contribution in the prognostication of postanoxic patients in a coma left with an indeterminate prognosis after standard multimodal testing, notably offering high accuracy for identifying patients with both good (ie, patients who will regain consciousness) and poor (ie, patients who will evolve poorly) outcomes. Our results might thus bridge the gap left in early prognostication of postanoxic patients in a coma by achieving significantly better outcome prediction than current DWI methods. Moreover, our study may contribute to improving understanding of brain FC changes occurring after loss of consciousness, with the early changes reported here mirroring changes observed in chronic comatose patients.

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