

BRAIN COMMUNICATIONS

Markers of limbic system damage following SARS-CoV-2 infection

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Alterations of the limbic system may be present in the chronic phase of SARS-CoV-2 infection. Our aim was to study the long-term impact of this disease on limbic system-related behaviour and its associated brain functional connectivity, according to the severity of respiratory symptoms in the acute phase. To this end, we investigated the multimodal emotion recognition abilities of 105 patients from the Geneva COVID-COG Cohort 223 days on average after SARS-CoV-2 infection (diagnosed between March 2020 and May 2021), dividing them into three groups (severe, moderate or mild) according to respiratory symptom severity in the acute phase. We used multiple regressions and partial least squares correlation analyses to investigate the relationships between emotion recognition, olfaction, cognition, neuropsychiatric symptoms and functional brain networks. Six to 9 months following SARS-CoV-2 infection, moderate patients exhibited poorer recognition abilities than mild patients for expressions of fear ($P = 0.03$ corrected), as did severe patients for disgust ($P = 0.04$ corrected) and irritation ($P < 0.01$ corrected). In the whole cohort, these performances were associated with decreased episodic memory and anosmia, but not with depressive symptoms, anxiety or post-traumatic stress disorder. Neuroimaging revealed a positive contribution of functional connectivity, notably between the cerebellum and the default mode, somatosensory motor and salience/ventral attention networks. These results highlight the long-term consequences of SARS-Cov-2 infection on the limbic system at both the behavioural and neuroimaging levels.

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belonging to the limbic system, as well as alterations in the cerebellum.¹⁶ Moreover, a recent study highlighted a reduction in grey-matter thickness in the orbitofrontal cortex and parahippocampal gyrus, as well as tissue damage in regions that are functionally connected to the primary olfactory cortex—regions that are also known to form part of the limbic system.¹⁷ However, only a small number of studies have correlated cognitive and neuropsychiatric variables with functional neuroimaging data,¹⁸ and studies of emotion recognition abilities have so far focused solely on behavioural data.^{2,8} None have explored the relationships between multimodal emotion recognition and structural and functional neuroimaging data.

Although previous results suggest that the virus directly (or more likely indirectly) attacks the CNS, and presumably the limbic system in particular, the potential effect of neuropsychiatric symptoms on long-term limbic-related functions has yet to be investigated. Many neuropsychiatric disorders, including post-traumatic stress disorder (PTSD), anxiety and depressive symptoms, have been described following SARS-CoV-2 infection, as well as fatigue and sleep disturbances,¹⁹ and are well known to have an impact on emotion recognition abilities.^{20–24} To the best of our knowledge, no study has yet assessed the impact of relevant secondary neuropsychiatric variables on the recognition of individual multimodal emotions, as a function of the severity of respiratory symptoms in the acute phase. In this context, tasks assessing emotion processing abilities could be of interest. Only two studies have behaviourally assessed long-term emotion recognition abilities following SARS-CoV-2 infection, highlighting reduced performance in hospitalized versus non-hospitalized groups of patients.^{2,8} That said, these studies were carried out on overall scores and did not assess performances for individual emotions.

According to recent models of emotions, particularly the process model of emotions, each emotion has distinct properties and involves five distinct functions (appraisal, automatic physiology, action tendencies, motor expression and subjective feeling).²⁵ The limbic circuits, involving the orbitofrontal cortex, insula and amygdala, inferior temporal lobe and subcortical regions, have historically been described as forming the neural base of emotional processes, as well as memory functions.^{26,27} Nevertheless, recent evidence suggests that there is not one limbic system, but several differentiated limbic systems for emotional processes, involving anterior structures of the limbic system, orbitofrontal cortex and amygdala in emotion processing, reward assessment and decision-making.²⁸ Meanwhile, memory functions are underpinned by the hippocampus and the limbic structures to which it is connected, including the posterior cingulate cortex and the fornix–mammillary body–anterior thalamus–posterior cingulate circuit.²⁸ Finally, these processes also seem to be underpinned by cerebellar structures, highlighting the close interaction between the limbic systems and the cerebellum.²⁹

In this context, the present study was conducted to examine the impact of the severity of respiratory symptoms in the acute phase of COVID-19 on emotion recognition abilities 6–9

months post-infection (aim 1) and to explore the influence of secondary behavioural variables (e.g. olfaction, memory or depressive symptoms) (aim 2), as well as functional brain connectivity (aim 3). To this end, we assessed multimodal emotion recognition in 105 patients 223.07 ± 41.69 days following SARS-CoV-2 infection. We ran regression analyses to investigate the potential predictive value of neuropsychological functions sustained by the limbic system (verbal and visual episodic memory), neuropsychiatric manifestations (PTSD, anxiety, depressive symptoms, fatigue and sleep disorders) and olfactory performances. Finally, 45 of these 105 patients underwent functional MRI, and exploratory partial least squares correlation (PLSC) analyses were performed to identify associations between multimodal emotion recognition abilities and functional brain networks.

Materials and methods

Participants

Data from 105 patients were extracted from the COVID-COG database of Geneva University Hospitals (HUG).^{1,2,8,13,30} For each patient, we carried out a medical file review, followed by a telephone call inviting the patient to take part in the study, if all the eligibility criteria were met. Exclusion criteria were a history of neurological issues, neuropsychiatric disorders, cancer, neurodevelopmental pathologies, pregnancy and age above 80 years.

The patients had all been diagnosed with SARS-CoV-2 infection between March 2020 and May 2021, either by positive PCR from a nasopharyngeal swab and/or by positive serology. Patients were included in the study 223.07 ± 41.69 days post-infection and divided into the following 3 groups: 24 patients who had been in ICU during the acute phase of the infection (severe), 39 patients who had been hospitalized but did not require mechanical ventilation (moderate) and 42 patients who had tested positive but had not been hospitalized (mild). During the screening–inclusion process, because of the limited number of patients who had been in ICU and who met our inclusion criteria, the mild and moderate groups were matched with the severe group for age, sociocultural level, gender and clinical variables (except for sleep apnoea and chronic kidney disease). All descriptive data are provided in [Table 1](#).

Standard protocol approvals, registrations and patient consents

All participants gave their written informed consent, and the study was approved by the cantonal ethics committee of Geneva (CCER-02186).

Measures

For the purpose of the present study, we extracted olfactory, multimodal emotion recognition, memory and

Data availability

Nonsensitive COVID-COG data are available in open access on a dedicated platform (<https://yareta.unige.ch/home>, dataset DOI: 10.26037/yareta:56vcowyr7fdgxfikm5wycsc47a). The code for the PLSC analyses and figure generation is available in a GitHub repository (https://github.com/Cionkito/PLS-COVID_emotions).

Results

Multimodal emotion recognition 6-9 months post-infection according to symptom severity in the acute phase

Results revealed a significant difference between the three groups (mild, moderate and severe) on the total emotion recognition score 6–9 months post-infection ($H = 10.9$, $P < 0.01$) (Fig. 2 and Supplementary Table 3). More specifically, mild patients performed better than both moderate (Cohen's $d = 3.33$, $\eta^2 = 0.74$, $z = 2.9$, $P = 0.01$) and severe (Cohen's $d = 2.89$, $\eta^2 = 0.68$, $z = 2.6$, $P = 0.03$) patients. This effect on the total score was mainly driven by performances for expressions of fear, irritation and disgust: mild patients performed better than moderate patients on fear expression recognition (Cohen's $d = 3.33$, $\eta^2 = 0.74$, $z = 2.6$, $P = 0.03$) and also performed better than severe patients on the recognition of expressions of irritation (Cohen's $d = 2.88$, $\eta^2 = 0.68$, $z = 3.4$, $P < 0.01$) and disgust (Cohen's $d = 0.67$, $\eta^2 = 0.68$, $z = 2.5$, $P = 0.04$).

When we compared the performances of our three patient groups with the performance of healthy control participants, we observed deficits for mild (9.52%), moderate (30.71%) and severe patients (45.83%) (see Supplementary Fig. 1 for more details).

Clinical predictors of multimodal emotion recognition 6–9 months post-infection

The variance inflation factor, which measures the correlations and the strength of these correlations, between predictor variables in a regression model, was calculated for each clinical predictor (Fig. 3). Analyses revealed values ranging from 1.00 to 2.72, indicating an acceptable level of multicollinearity in our regression model.^{61,62}

For the GERT total score, the best fit was achieved using the following variables: RL/RI 16-delayed free recall ($R^2 = 0.32$, $P < 0.01$), sniff test (anosmia) ($R^2 = 0.08$, $P < 0.01$), Rey figure-delayed recall 3'' ($R^2 = 0.06$, $P < 0.01$), RL/RI 16-sum of three free recalls ($R^2 = 0.04$, $P < 0.01$) and RL/RI 16-immediate recall ($R^2 = 0.02$, $P = 0.04$).

For the GERT fear score, the best fit was achieved using the Rey figure-delayed recall 3'' ($R^2 = 0.13$, $P < 0.01$) and RL/RI 16-delayed free recall ($R^2 = 0.06$, $P = 0.01$).

For the GERT disgust score, the best fit was achieved using the RL/RI 16-delayed total recall ($R^2 = 0.15$, $P < 0.01$), RL/RI 16-delayed free recall ($R^2 = 0.05$, $P = 0.02$) and Fatigue Impact Scale (physical fatigue) ($R^2 = 0.04$, $P = 0.04$).

For the GERT irritation score, the best fit was achieved using the RL/RI 16-delayed free recall ($R^2 = 0.17$, $P < 0.01$), sniff test (anosmia) ($R^2 = 0.04$, $P = 0.02$) and RL/RI 16-sum of three total recalls ($R^2 = 0.04$, $P = 0.03$).

Functional and structural brain networks associated with emotion recognition performances

The group PLSC analyses identified one significant component that survived false discovery rate correction ($P = 0.004$) (Fig. 4). This explained 35.63% of the covariance between emotion recognition scores and functional connectivity (Fig. 4A). The neuroimaging component revealed positive contributions of functional connections between the cerebellum and subcortical and cortical networks such as the default mode, somatosensory motor and salience/ventral attention networks (Fig. 4B and C). The same functional connectivity pattern was associated with two different behaviours in the patient group: higher total, fear, disgust and irritation recognition scores for mild patients and lower total, fear and irritation recognition scores for moderate patients. Moreover, the multivariate correlation was associated with younger age and female gender for mild participants and older age as well as lower sociocultural level for moderate patients. Finally, poorer verbal episodic memory, as measured by delayed total recall, remained stable for the mild and moderate groups. Results were comparable when verbal episodic memory was not included in the model (Supplementary Fig. 2). Separate PLSC analyses were performed for each group. They only yielded significant results for moderate patients ($P = 0.021$), and these did not survive false discovery rate correction (Supplementary Fig. 3). Even so, the multivariate pattern specific to moderate participants was congruent with the PLSC results (Supplementary Fig. 3). Finally, no structural differences were observed in the anatomical images that could be associated with the functional patterns (Supplementary Table 4).

Discussion

The aim of the present study was 3-fold: *first*, to explore the impact of the severity of respiratory symptoms in the acute phase of COVID-19 on multimodal emotion recognition performances 6–9 months later; *second*, to determine whether memory, neuropsychiatric or olfactory variables are associated with these performances; and *third*, to identify the functional brain networks that are associated with them.

With respect to the first aim, we observed that both moderate and severe patients had significantly lower emotion recognition scores than mild patients. This result on the total score

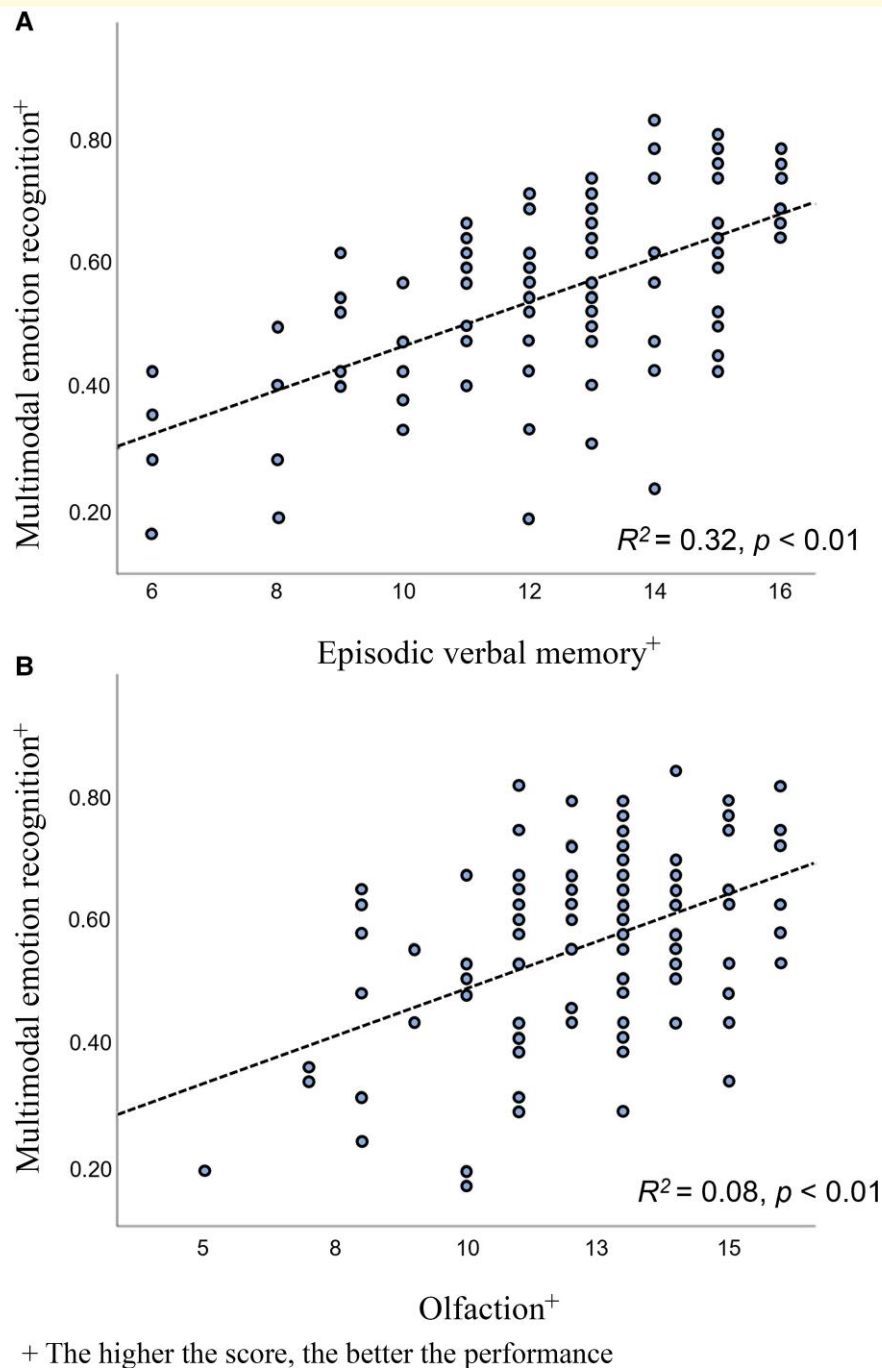


Figure 3 Relationships between multimodal emotion recognition abilities (as measured by the total score of the Geneva Emotion Recognition Test—short version) and verbal episodic memory as measured by RL/RI 16-delayed free recall (top) and with olfaction as measured by the Sniffin' Sticks test battery (bottom). Each dot represents a patient; lines represent the best least square linear fits. **(A)** The poorer the ability to recognize emotions, the poorer the performance on verbal episodic memory task. **(B)** The poorer the ability to recognize emotions, the poorer the performance on the olfactory recognition test.

who agreed to undergo an MRI ($n = 9$ patients) may explain the absence of significant correlations in the PLSC analyses. Nevertheless, the functional connectivity data of the severe patients were not particularly heterogeneous, compared with those of the mild and moderate groups (Supplementary Table 2). Further studies are needed to confirm the neuroimaging findings with a larger sample size. Second, by enrolling

volunteers, we may have selected the most severe cases, even though a significant proportion of our sample did not report any complaints, as confirmed by the very low mean scores on the self-report cognitive complaint questionnaires, as previously observed in this cohort of patients.^{1,2} Third, between March 2020 and November 2020, the criteria for hospitalization may have changed, and some patients may therefore have been

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Competing interests

The authors report no competing interests.

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